

Middle Kentucky Transportation



Public Transportation is available to the general public. A public transportation trip can be for shopping, medical appointments, job interviews, social visits, etc. We have wheelchair service, door to door and curb to curb service.

Public trips must be scheduled 24 hours in advance. In some instances, the trip can be provided that day.

We provide public transportation services in Breathitt County.

Public Transportation Fare: \$1.00 per mile



HOUSEHOLD IMPACTED BY KENTUCKY'S FLOODING?

DISASTER CASE MANAGEMENT

LET US ASSIST YOU IN YOUR RECOVERY PLAN.

ELIGIBILITY:

- Household resides in a county that was designated within a Disaster Declaration.
- Household has a disaster-related hardship or need
 - Such as, housing is unlivable due to the disaster or aftereffects

CASE MANAGERS CAN ASSIST WITH:

- Developing recovery plans.
- Identifying household needs.
- Referring survivors to available services and resources.

• CALL 606-272-6902

FIND HELP CAPKY.ORG

This Document was prepared under a grant from the United States Department of Homeland Security. Points of view or opinions expressed in this document are those of the authors and do not necessarily represent the official position or policies of the U.S. Department of Homeland Security.

Updated 4/2023

Community Action Program

Breathitt County Community Action — (606) 666-5902
Wolfe County Community Action — (606) 668-3549
Owsley County Community Action — (606) 593-5103
Lee County Community Action — (606) 464-2259

Head Start Program

Breathitt County — (606) 666-8585
Wolfe County — (606) 668-7879
Owsley County — (606) 593-5101
Lee County — (606) 464-3329

Transportation Program

Breathitt County 606) 666-7204
Kentucky Relay Service, dial 7-1-1

WIOA Program

(606) 666-2369—(606) 693-0111—(606) 464-2254

Disaster Case Management Program

(606) 272-6902

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Helping People. Changing Lives.

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Website: www.mkcap.org



"This project is funded, in part, under a contract with the Cabinet for Health and Family Services with funds from the Community Services Block Grant Act of the U.S. Department of Health and Human Services"

Middle Kentucky Community Action Office

The Community Services Block Grant is a federal, anti-poverty block grant which funds the operations of a state-administered network of local agencies. Middle Kentucky provides services through CSBG funding to children, adults, elderly and all persons with disabilities whose incomes are at or below 125% of the current Federal Poverty Income Guidelines.

Middle Kentucky's Community Services Block Grant Program (CSBG), collaborating with other Middle Kentucky programs and community partnerships, continues to provide access to every basic need for eligible clients including job training, food, shelter, clothing, heating/cooling assistance, education assistance, Head Start services and a host of other services.

CSBG provides funds for direct services and programs that indirectly and directly address the needs of low-income, elderly, disabled and disadvantaged that are not being met by other programs. CSBG goals and objections are developed by direct input from the low-income population.

LIHEAP Program

Middle Kentucky operates a Low Income Home Energy Assistance Program during the winter months. Those two programs are the Subsidy & Crisis components. Clients must be at or below 130% of the current Federal Poverty Income Guidelines. Eligible clients will receive assistance with their heating needs.

Check with your local Middle Kentucky Community Action Office for more information about these and other programs.



Middle Kentucky Head Start

Head Start is a comprehensive early childhood program, serving children age three to five. Although certain income guidelines do apply we may have a slot for you. A child must turn three by August 1st. to be enrolled unless they are pre-diagnosed with a disability.

Our Head Start curriculum is aligned with the Kentucky Early Learning Standards and the Early Learning Framework. Developmental screening and assessment instruments include the Brigance Screening, Teaching Strategies Gold Assessment, and Ages & Stages Social/Emotional Screener.

From this collection and analysis of data our school readiness goals are established for individual children, classrooms and the program as a whole.

Middle Kentucky Head Start also uses the Classroom Assessment Scoring System (CLASS) to monitor teacher/child interaction, classroom climate, quality of feedback, etc.

Middle Kentucky Head participates in the Child and Adult Care Food Program (CACFP) and all meals are served in accordance with federal law and U.S. Department of Agriculture (USDA) guidelines. This institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. All children eat free regardless of ability to pay.

All Head Start centers are accredited through the National Association for the Education of Young Children. Breathitt, Lee and Wolfe Head Start Centers are Five Star rated through the Kentucky All Stars Quality Initiative.

The Head Start Program is a free service to all children.



Middle Kentucky's Workforce Innovation and Opportunity Act (WIOA) Office provides a broad array of services for job seekers. Below is a listing of the services we provide.

Self-directed job search activities:

- Staff assisted job search activities
- Assessments of skills, aptitudes, and interests
- Resume writing instruction and assistance
- Instruction in Job-search techniques
- Instruction and coaching in job interviewing skills
- Career advising
- Workshops (resume writing, marketing self to employer, job interviewing tips, portfolio development, etc.)
- Development of career action plan
- Labor exchange services provided through the Kentucky Office for Employment & Training (OET)
- The peer support and job-search assistance provided by a job club
- Skills training
- Higher Education
- Work experience
- Basic skills instruction
- Referrals to the services of other workforce, education, or public assistance agencies

Middle Kentucky serves adults, youth and dislocated workers who are economically disadvantaged, unemployed, dropouts and/or deficient.