

Welcome to Head Start

Requirements for enrollment:

Verification of income

Verification of age

To complete enrollment we also need the following:

- ◆ Medical or insurance card
- ◆ Up-to-date immunization certificate
- ◆ Doctor's statement if your child has any allergies
- ◆ Complete dental exam including cleaning and fluoride
- ◆ Vision Test (must be done by an Optometrist)
- ◆ Any records from previous school
- ◆ Social security numbers of all family members
- ◆ A complete physical including:
 - Hearing test
 - HCT or Hemoglobin
 - Lead Test
 - Blood Pressure
 - Height and Weight

Enrollment opportunities are limited so contact your local Head Start and speak with a Family Service Worker today!

Head Start is free to all children.

Middle Kentucky Head Start

Who We Are

We are NAEYC Accredited and we are a STARS rated program level five. This means that our agency has met or exceeded accrediting standards that ensure that your children are in the best hands possible.

Contact Us

606-464-3329 – Lee County

606-668-7879 – Wolfe County

606-666-8585 – Breathitt County

Middle Kentucky Community Action Partnership, Inc. Head Start is operated under the direction of Beth A. Spencer, Executive Director and Christopher Holiday, Head Start Director.



*Teaching Children
&
Supporting Families*



What is Head Start?

Head Start is a non-profit organization, serving children age three to five that are income eligible. A child must turn three by August 1 to be enrolled unless they are pre-diagnosed with a disability.

Our Head Start Curriculum is aligned with School Readiness Goals, the Kentucky Early Learning Standards and Outcomes Framework. Developmental screening and assessment instruments include the Brigance Screener, Teaching Strategies Gold Assessment and Ages & Stages Social/Emotional Screening. Middle Kentucky Head Start also uses the Classroom Assessment Scoring System (CLASS) to monitor teacher/child interaction, classroom climate, quality of feedback, etc.

We participate in the Child and Adult Care Food Program (CACFP) and all meals are served in accordance with federal law and U.S. Department of Agriculture (USDA) guidelines. This institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

(800)845-6136 (Spanish). USDA is an equal opportunity provider and employer.

To File A Complaint of Discrimination: Write the USDA Director, Office of Adjudication, 1400 Independence Avenue, SW Washington, DC 20250-9410 Or you can call toll free (866) 632-9992 (voice). Individuals who are hearing impaired or have speech disabilities may contact USDA is an equal opportunity provider and employer.

Some Services Offered

- ◆ Referrals and Assistance in obtaining vision exams, dentals, physicals and up to date immunizations
- ◆ Developmental screenings conducted by qualified staff
- ◆ Age appropriate activities to encourage individualized learning for all children
- ◆ Bus transportation for all children, with bus monitors to supervise the children
- ◆ Free breakfast, lunch and p.m. snack that meets all CACFP guidelines, modifications are made for children with special dietary needs
- ◆ We collaborate with the Local Boards of Education who provide developmental intervention, speech/language therapy, and physical therapy for children diagnosed with special needs
- ◆ We collaborate with Kentucky River Community Care (KRCC), the local mental health facility to identify and provide needed services to children and their families
- ◆ We encourage parental input on weekly thematic units, menus, and field trips
- ◆ Parent Trainings & Workshops and family engagement activities

VOLUNTEERS

Everyone has something special to share with a three or four year old child. The life experiences you have are valuable. A child this age has many questions and is interested in a variety of areas.

They love adventure and have a vivid imagination. You could read a favorite book, tell a story, or help plan a special classroom activity. Dress up as your favorite person in history and tell about the character you are portraying. Teach the children a song or a new dance. The possibilities are endless.

Children this age are very proud of what they can do all by themselves. They love to have adults watch and listen to them. This builds the child's self-esteem and confidence. It also reminds adults how things look through the eyes of a child.

When you guide a child in play, they learn to share, to get along with others, and to ask questions when they do not understand.

Volunteers make a difference in the lives of children. We invite you to make a difference. Become a volunteer today.